



BAKLIWAL FOUNDATION

College of Arts, Commerce & Science

Sports Association

"From Campus to Champions!"



Preamble

The Sports Association of Bakliwal Foundation College of Arts, Commerce & Science, Vashi, is established with the primary objective of fostering a culture of health, fitness, and holistic development among students. Recognizing that education extends beyond the classroom, the Association seeks to integrate physical activity with academic pursuits, ensuring that students develop not only intellectual capabilities but also physical strength, mental resilience, and emotional balance.

The Association is committed to promoting the values of teamwork, discipline, and perseverance, which are essential qualities for success in both sports and life. It believes that active participation in games and athletics instills a spirit of healthy competition, strengthens character, and nurtures leadership qualities. Sports are viewed not merely as recreational activities, but as powerful tools to channelize youthful energy into constructive pathways that encourage self-confidence, responsibility, and mutual respect.

Through a wide spectrum of indoor and outdoor sports, the Association provides equal opportunities to all students, irrespective of background or skill level, to explore their potential, enhance their talents, and represent the institution with pride. By organizing tournaments, coaching camps, and fitness programs, it aims to identify promising athletes, nurture their skills, and prepare them for higher levels of competition at university, district, state, and national arenas.

Above all, the Sports Association strives to create a vibrant and inclusive sporting environment that celebrates unity, camaraderie, and college spirit. It is dedicated to building lifelong habits of fitness, sportsmanship, and well-being, while strengthening the identity and pride of the institution.

The Sports Association is needed to:

1. Encourage students to adopt a healthy and active lifestyle.
2. Create opportunities for participation in diverse indoor and outdoor sports.
3. Provide a platform to identify, nurture, and showcase athletic talent.
4. Instil values of sportsmanship, fair play, and camaraderie.



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5. Foster a balance between academics and co-curricular activities.
6. Prepare students to represent the college at intercollegiate, university, state, and national competitions.
7. Promote inclusivity by ensuring equal opportunities for all, regardless of background or skill level.

By establishing the Sports Association, the college strengthens its commitment to holistic education, enabling students to not only achieve academic success but also to become confident, healthy, and socially responsible individuals.

Vision

To build a dynamic sports culture that promotes fitness, nurtures talent, and inspires students to excel in both recreational and competitive sports at local, state, national, and international levels.

Mission

- ✦ To encourage student participation in a wide range of sporting activities.
- ✦ To foster physical fitness, mental strength, and holistic development through sports.
- ✦ To identify and nurture potential athletes to represent the college at higher levels of competition.
- ✦ To inculcate values of teamwork, discipline, fair play, and perseverance.
- ✦ To promote inclusivity by ensuring equal opportunities for all students irrespective of background or skill level.

Goals

- ✦ To make sports and fitness an integral part of student life on campus.
- ✦ To organize regular intra- and intercollegiate sporting events.
- ✦ To create a supportive environment for identifying and training talented athletes.
- ✦ To instil leadership and organizational skills through sports activities.
- ✦ To represent the college with pride at university, district, state, and national tournaments.



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Objectives

- ✚ Organize annual sports events and competitions within the college.
- ✚ Encourage participation in Mumbai University and other intercollegiate tournaments.
- ✚ Conduct workshops, fitness sessions, and coaching camps for skill enhancement.
- ✚ Develop infrastructure and resources to support multiple sports disciplines.
- ✚ Promote inclusivity by engaging students in recreational and team-building activities.
- ✚ Create awareness about the importance of sports in mental and physical well-being.
- ✚ Recognize and reward outstanding performers in sports.

Proposed Activities

A] Annual Sports Week – “AKRID”

A flagship event designed to celebrate the spirit of sportsmanship and competition. Activities may include:

- ✚ Outdoor Games: Cricket, Football, Volleyball, Throwball, Kabaddi, Athletics (track & field events).
- ✚ Indoor Games: Chess, Carrom, Table Tennis, Badminton.
- ✚ Fun & Fitness Events: Tug of War, Relay Races, Fitness Challenges, Yoga & Wellness Sessions.
- ✚ Closing Ceremony: Prize distribution, recognition of best athletes, and cultural showcase of sportsmanship.

Other Activities Throughout the Year

- ✚ Interclass & Interdepartmental Tournaments – regular leagues for cricket, football, volleyball, etc.



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- ✚ Sports Clinics & Coaching Camps – to develop specialized skills (e.g., cricket batting/bowling, athletics training).
- ✚ Fitness & Wellness Programs – yoga, meditation, Zumba, self-defence workshops.
- ✚ Sports Day / Mini Tournaments on Independence Day & Republic Day.
- ✚ Participation in University, District, and State-Level Competitions.
- ✚ Community Engagement: Friendly matches with local schools/colleges and awareness drives promoting health through sports.
- ✚ Athlete Felicitation Ceremony: Honoring achievements of students representing the college at higher levels.

Date: 10.07.2023



Sincerely
Principal
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