



Bakliwal Foundation

College of Arts, Commerce & Science

National Service Scheme

Not Me but You!



About National Service Scheme (NSS)

Popularly known as NSS, the scheme was launched in Gandhiji's Centenary year, 1969. Aimed at developing student's personality through community service. NSS, is a voluntary association of young people in colleges, universities and at +2 level working for a campus-community linkage.

The cardinal principle of the NSS program is that it is organised by the students themselves, and both students and teachers through their combined participation in community service, get a sense of involvement in the tasks of nation building.

National Service Scheme was started in Mount Carmel College (Autonomous) in the year 1972. The services of the NSS unit of MCC over the years have been highly commended.

Objectives of NSS

- ◆ To enable the students to understand the community in which they work.
- ◆ To understand themselves in relation to their community.
- ◆ To identify the needs and problems in the community so they can find a solution.
- ◆ To develop amongst themselves a sense of social and civic responsibility.
- ◆ To apply education and find practical solutions to individual & community problems.
- ◆ To develop the competence required for group living and sharing responsibilities.
- ◆ To gain skills in mobilising community participation.
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- ◆ To acquire leadership qualities and democratic attitude.
- ◆ To develop the capacity to meet emergencies and national disasters.



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♦ To practice national integration

NSS Motto

The motto or watchword of the National Service Scheme is '**NOT ME BUT YOU**'. This reflects the essence of democratic living and upholds the need for selfless service and appreciation of the other person's point of view and also to show consideration for fellow human beings. It underlines that the welfare of an individual is ultimately dependent on the welfare of society as a whole. Therefore, it should be the aim of the NSS to demonstrate this motto in its day-to-day program.

NSS Pledge

"I solemnly to work with dedication, serve and strengthen freedom and integrity of the nation. I further affirm that I shall never resort to violence and that all differences and disputes relating to the religion, language, region or political or economic graveness shall be settled by peaceful and constitutional manner."

NSS Symbol



- The NSS symbol is based on the "Rath" wheel of the Konark Sun Temple situated in Odisha
- The navy blue colour indicates the cosmos of which the NSS is a tiny part, ready to contribute its share for the welfare of mankind
- The red colour indicates that NSS volunteers are full of blood; i.e. lively, active, energetic and full of high spirit



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- The giant wheels of the Sun Temple portray the cycle of creation, preservation and release, and signify the movement in life across time and space.

NSS Activities is a beneficial mode for both students and society in varied means includes:

Develop Democratic Attitude and Leadership Skills:

NSS Activities offers a great opportunity for college students to develop leadership skills and democratic qualities in their personality, which will help them raise an active and confident personality of the country.

Build Life Skills:

NSS Activities is a great contributor to build a positive attitude, patience, self-esteem, and courage in one's personality. Those youngsters who are busy with their hectic lifestyle only can get the opportunity to develop a positive attitude towards other people and courage to do something on your own.

Opportunity to Grow:

Being a participant in NSS activities offers the opportunity to students to participate in various State level and National level programs such as Motivational Camps, National Integration, Adventure Camps, Self-development Camps, Youth exhibition, and even so forth.

Admission Preferences:

Students who participated in NSS Activities get a preference and several perks in admission criteria of well-reputable universities and at employment stages.

Discipline:

By participating in the National Service Scheme program, students are getting a strict schedule of everyday life with fixed timings includes wake up at 5, 1 hour of exercise, and even many more. Having a fixed routine gifted a disciplined lifestyle to students.



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Learn Ground Realities:

Home-comfort fails to learn grassroots troubles of everyday life to several students. During NSS camps, different activities are assigned to students that consist of physical activities, mental power, and so on that realize the different situations that seem easy to do.

On the whole, the prime motive behind these activities is to promote the dignity of labour.

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